

E-workshop on Positivity and Resilience - SOLD OUT

Multilateral Diplomacy

Type:	E-workshop
Location:	Web Based
Date:	15 Apr 2020 to 17 Apr 2020
Duration of event:	3 Days
Programme Area:	Multilateral Diplomacy
Specific Target Audience:	No
Website:	https://unitar.org/
Price:	\$450.00
Event Focal Point Email:	hanna.centerskog@unitar.org

BACKGROUND

Please note that this e-workshop is sold out.

This interactive online workshop taking place during three consecutive half days is meant to provide information and knowledge on the topic Positivity & Resilience.

People are the heart of all organizations, and as technology changes the world around us, organizational success will always need to effectively leverage its most valuable resource. In the face of epic levels of change and the necessity to be creative, implementing positivity and resilience approaches will enable your organization to survive and succeed in an increasingly changing environment, especially during this COVID-19 global pandemic. Positivity and resilience allow you to tap into human behaviour and mindset. Focus will be placed on how to practice self-motivation and self-regulation, taking your own performance - as well as that of your team - to the next level.

The e-workshop will take place at 13.00-17.00 (CET) for the three days (approximately 12 training hours total).

EVENT OBJECTIVES

The e-workshop will discover different themes of positivity and resilience and all participants will take part in highly interactive exercises in order to further enhance the participants' understanding of the topic.

By the end of this e-workshop, participants will be able to:

- Building and strengthening their own resiliency;
- Manage and structure working from home;

- Support themselves and peers in high stress environments.

CONTENT AND STRUCTURE

This e-workshop will take place at 13.00-17.00 during three half days from 15-17 April 2020. The programme is devoted to educating on Positivity & Resilience, covering topics such as:

- Assessing the overall impact of the current work environment on our lives and devising relevant coping mechanisms;
- Supporting others and communicating in time of crisis;
- Creating psychological safety;
- Sharing best practices for creating positive new structures and habits that increase overall work productivity;
- Priority management and creating a new working environment.

Facilitators

Jerome L'host:

Jérôme L'host is a dedicated Senior Consultant based in Geneva and Moscow, working internationally with both Private and Public Sectors. He is the Founder and General Manager of The November Company, a Training & Consulting Group.

Mr. L'host studied Public Administration & Economics (AES) at the University of Savoie. He later specialized in Marketing at the Plus-Values Institute in Paris. Mr. L'host is a certified Myers-Briggs Type Indicator (MBTI) Coach, a UN-certified Coach and Trainer, as well as a Synaps-certified, and LSA (Leadership Style Analysis) Coach.

Over the last 16 years, he performed numerous presentations (Leadership, Competencies Management, Emotional Intelligence, Performance Management, Corporate Identity & Values, Post-mergers integration, Change Management, Persuasive Presentations) as well as Motivational Speeches for HEC Geneva, EPFL Chair of Entrepreneurship, Nestlé, Association pour le Progrès du Management and the Swiss-French Chamber of Commerce.

Before establishing as an Independent Consultant in 2009 and founding The November Company in 2012, Mr. L'host has been active for thirteen (13) years with Dynargie Switzerland SA (International Training & Consulting group) as a European Board Member and Country Manager of Switzerland and Russia.

Mr. L'host managed more than 40 large-scale international projects (Performance development, Crisis management, Sales-Team Development, Restructuration, Post-conflict & Post-disaster management, Leadership, Change management, Top Management & Team Development, Reengineering, Values Implementation, Strategic Retreats, International Surveys, Post-Mergers Integration...) in more than 30 different countries.

He dealt with more than 120 companies/organizations world-wide and delivered training for more than 3800 participants.

Mr. L'host is also a former UNIFIL (United Nations Interim Force in Lebanon) volunteer, serving 6 months in Naqura-South Lebanon.

Cindy Hancock:

Cindy Hancock is an OD-ETDP Facilitator, Assessor & Coach as well as a Training and Development Practitioner at Sprout Coaching and loves working with people to explore, connect and grow their individual potential. For her whole career she has worked in both private and public sectors, gaining experiences in areas such as corporate communication, team coaching, people development and leadership coaching. Her professionalism and human strengths are part of her core values.

In her way of working, Cindy values integrity and a high standard of ethics. She has worked with tenacity, climbing the corporate ladder over the last 20 years, up to General Management.

Her passion for coaching inspired her to qualify as a Professional Ontological Coach in 2013, opening the door to her people-centered management style. Cindy is an accomplished and well-known coach within the private and

public sectors. Her passion for Learning and Development has led her to enroll in further education and self-development receiving her qualification as a registered Facilitator, Assessor, Learner Support including Skills Gap Analysis, Training Matrix development, Skill Audit Reporting as well as Designing and Developing of course material.

Her ability to forecast organisational training needs has led her to customise a diverse list of training material, including but not limited to: Corporate Communication, Leadership Development and Sales Force Effectiveness.

As the founder and pioneer of Sprout Coaching, Cindy continues to be inspired by the rapid development and need for coaching within organisations, however, remains centred on the individual. Her vision remains focused on improving human interaction within the public and private arena enabling people to grow.

METHODOLOGY

This e-workshop will take place on the platform Zoom and will be facilitated by an expert on the theme during three half days. The material presented in the workshop will be interactive and assignments will be given for participants to further advance their knowledge.

Participants successfully completing the e-workshop will be awarded a certificate of participation.

TARGETED AUDIENCE

The course is open for anyone with an interest to discover and gain more knowledge about the selected topic. No prior knowledge or skills are needed to participate.

Please note that there are limited spots available for this e-workshop.

ADDITIONAL INFORMATION

Technical Requirements

UNITAR will not provide refunds for customers who face technical issues beyond UNITAR's direct control. UNITAR recommends that all prospective participants test Zoom for free at [Zoom.us](https://zoom.us) prior to confirming their payment.

Basic system requirements:

- Stable internet connection
- Speakers and a microphone
- A webcam or HD webcam
- Or, a HD cam or HD camcorder with video capture card

Please see further information about all technical requirements for participating in this e-workshop here: <https://support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-Mac-and-Linux>

Discounts

Organizations signing up four or more participants for an e-workshop will be eligible for a reduced fee per participant.

Registration of four or more participants for a three-half day e-workshop will receive a reduced fee of 100 USD/participant.

Registration of four or more participants for a two-half day e-workshop will receive a reduced fee of 50 USD/participant.

Individual participants signing up for more than one e-workshop at the same time will be eligible for the same discounts listed above (100 USD off for a three half day e-workshop and 50 USD off for a two half day e-workshop).

Discounts can ONLY be offered when paying via bank transfer (not credit card) and must be approved by sending a request to hanna.centerskog@unitar.org

Source URL