The United Nations Institute for Training and Research (UNITAR) – a specialized training agency of the United Nations – supports the (re-) establishment of peaceful, just and inclusive societies (SDG 16) by enabling individuals and organizations to contribute meaningfully to sustainable peace.

With almost 60 years of experience in capacity building, we provide customized, creative and results-based learning solutions, carefully crafted for countries and communities emerging from conflict and facing specific development needs. At the core of our success is our specific methodology that allows for the creation of powerful and inspiring spaces, products and services (online and face-to-face) for high-quality learning and collaboration.

Our training programmes have mentoring and coaching as their key ingredients and promote participation, dialogue, local ownership and multiplication of knowledge for sustainable impact and behavioural change.

In line with the priorities of the Youth, Peace and Security agenda as well as the UN Youth Strategy, Youth2030, UNITAR supports young people and youth counterparts by developing capacities of individuals, organisations and institutions to contribute meaningfully to sustaining peace at all levels.

**Our Mission**

We contribute to a more peaceful, inclusive and just world by closing the capacity gap standing in the way of the full realization of the Youth, Peace and Security (YPS) agenda as well as the UN Youth2030 strategy.

**Thematic Areas**

- Youth, Peace and Security agenda.
- Social and business entrepreneurship.
- Youth leadership.
- Youth-led advocacy.
- Conflict resolution and mediation.
- Youth-led reconciliation.
- Gender and diversity inclusion.

**Our Services**

- Training and facilitation.
- Coaching and Mentoring.
- Training of Trainers (ToT).
- E-learning and Online Courses.
- Online Courses and Master Degrees.
- Learning Support Materials.
Thematic Areas in spotlight

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**Strengthening youth-led conflict transformation and reconciliation**

Some examples of UNITAR’s work in this area include support to the Mwalimu Nyerere Foundation in the realization of a Pan-African Youth Fellowship, aimed at promoting youth leadership and peacebuilding skills across the African continent. Further, UNITAR is supporting young persons in Libya to lead dialogue processes on reconciliation within their communities, in close collaboration with a network of Libyan civil society organizations. Similarly, UNITAR continues to support the Colombian peace process, across the themes of reintegration of children and youth, youth-led conflict transformation and community-based reconciliation. Programming in all three cases is led by local partners, methodologies are needs-based and transformative, and while being youth-led and youth focused, also includes youth allies and counterparts.

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**Enabling changemaking through digital solutions**

In the spirit of *leaving no one behind*, UNITAR has redoubled its efforts to make youth empowerment opportunities more accessible and inclusive through providing free and openly accessible digital solutions. One example is UNITAR’s digital course *Explore Your Changemaker Potential*, available in all UN languages and Portuguese, on the popular learning platform EdApp. This tool for young peacebuilders recognises that trainings can go beyond pure skills building. It shows that it is possible to use participants’ pre-existing motivations, ideals, and inner capacities to meaningfully contribute to their communities most pressing needs. It, among many other tools, helps young people achieve their potential for changemaking and to contribute directly to the achievement of the Sustainable Development Goals.

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**Paving the way for young social and business entrepreneurs**

The diverse youth demographics of today represent the largest and most active segments of the global population. Yet, many young persons grow up in poverty and lack adequate support to realise their aspirations and to contribute to flourishing social and employment sectors. Often, these dynamics of exclusion are additionally intersected with existing conflict dynamics. By providing dedicated programming jointly with local partner, such as through the E-Mobility for Kenya project, UNITAR helps improve equitable access to the labour market while supporting young persons establish important strategies to contribute to sustainable growth, help advance youth-friendly attitudes to entrepreneurship, and to prevent latent conflict at many levels.

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**Our Objectives**

**Youth-Leadership**

UNITAR recognizes the unique capacity of young people to lead transformative action for the achievement of peaceful, just and inclusive societies. We therefore support organizations, networks and individuals in elevating capacities for youth leadership at all levels.

**Youth agency and changemaking**

Changemaking stems from the small and big ideas, questions, and actions of individuals. We therefore aim to create programmes that support individuals to draw from their own strengths, while recognizing their agency, and inspiring peaceful change.

**Intergenerational approaches**

UNITAR works with youth allies and youth counterparts in creating safe and enabling environments for youth-driven and youth-focused action for inclusive, peaceful and just societies, while fostering intergenerational exchange and learning.

"The program made me realize how special I am to be born in Africa, and about my responsibility towards making a United Africa. It was a high mix of incredible events which had created everlasting memories filled with joys, knowledge and experience.”

Abdulhamid Mzee
Young Leader and participant of the Mwalimu Nyerere Pan-African Young Leaders Fellowship, Tanzania

**Interested in UNITAR support to your youth-empowerment programming?**

Contact us at: ptp@unitar.org

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